PMI-ACP® Essential 450 – 10 Sample Questions with Answers

Questions

1) How does Agile support managing uncertainty and risk during a project?
Domain: Mindset
A) By planning the full project upfront
B) Through iterative planning and regular feedback
C) Through milestone-based delivery with sign-offs
D) By freezing scope early in the project

2) An Agile team completed a release, but customers now request additional features. How should the team respond?
Domain: Mindset
A) Log the change but continue with the original backlog
B) Inform customers changes cannot be made post-release
C) Reject changes to maintain scope
D) Welcome the change and adjust the backlog accordingly

3) What is the best way to measure if an Agile team is continuously improving?
Domain: Delivery
A) Compare documentation length
B) Analyze trends in performance over time
C) Evaluate code complexity alone
D) Compare team size to output

4) Which Agile technique helps reveal underlying causes of recurring problems?
Domain: Delivery
A) Identify team roles early
B) Use detailed requirements up front
C) Ask "why" multiple times to discover the root issue
D) Document user stories more thoroughly

5) Who is primarily responsible for ensuring a team delivers value each sprint?
Domain: Leadership
 A) Product owner
 B) Scrum master
 C) Development team
 D) Functional managers

6) How does the Scrum Master best support an Agile team?
Domain: Leadership
 A) Assigns tasks to team members
 B) Reports progress to stakeholders
 C) Coaches the team and removes blockers
 D) Approves user stories

7) What does MVP stand for in Agile, and why is it used?
Domain: Product
 A) Most Valuable Plan
 B) Minimum Viable Product
 C) Multiple Value Points
 D) Modified Version Prototype

8) What is the goal of backlog refinement in Agile?
Domain: Product
 A) Assign tasks to the developers
 B) Improve story clarity and prioritization
 C) Determine the budget
 D) Create architecture designs

9) Which practice allows Agile teams to improve through self-reflection?
Domain: Mindset
 A) Release planning
 B) Sprint review
 C) Daily stand-up
 D) Retrospective

10) Which of these improves communication in distributed Agile teams?

Domain: Leadership

A) Assign team members by location

B) Use shared Kanban boards and video calls

C) Limit communication to written reports

D) Centralize decisions with the Scrum Master

Answer Key & Explanations (with domains)

1) B — Through iterative planning and regular feedback
 Domain: Mindset
 Explanation: Agile reduces risk via short iterations, frequent feedback, and continuous delivery, allowing early adaptation.

2) D — Welcome the change and adjust the backlog accordingly
 Domain: Mindset
 Explanation: Agile embraces changing requirements to maximize delivered value and improve product fit.

3) B — Analyze trends in performance over time
 Domain: Delivery
 Explanation: Looking at velocity, defect rates, and similar metrics over iterations shows continuous improvement.

4) C — Ask "why" multiple times to discover the root issue
 Domain: Delivery
 Explanation: The 5 Whys technique uncovers systemic causes beyond surface symptoms.

5) C — Development team
 Domain: Leadership
 Explanation: The development team is accountable for delivering work that meets the sprint goal.

6) C — Coaches the team and removes blockers
 Domain: Leadership
 Explanation: The Scrum Master facilitates Agile practices and eliminates impediments to flow.

7) B — Minimum Viable Product
 Domain: Product
 Explanation: An MVP delivers the minimum features to test assumptions quickly and validate ideas.

8) B — Improve story clarity and prioritization
Domain: Product
Explanation: Backlog refinement ensures items are well-defined, estimated, and prioritized for implementation.

9) D — Retrospective
Domain: Mindset
Explanation: Retrospectives create space for reflection and continuous process improvement.

10) B — Use shared Kanban boards and video calls
Domain: Leadership
Explanation: These tools enable face-to-face–like interaction and transparency for distributed teams.